



Just A Breath Away

FOUNDATION

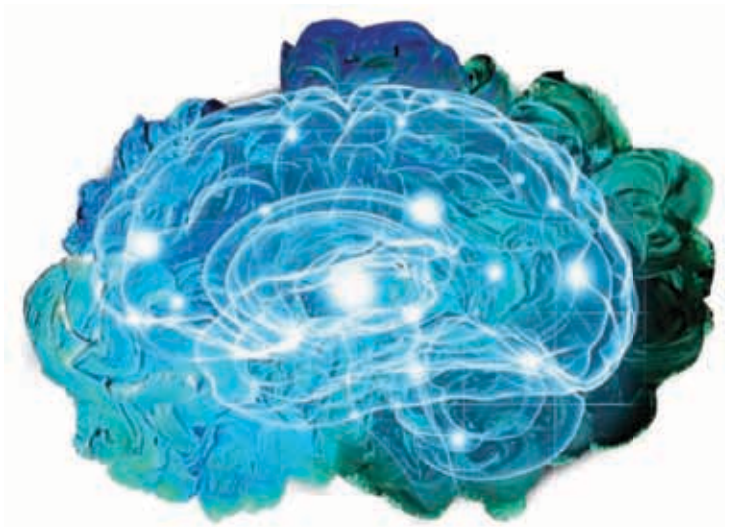
Media Kit

About JABA

Just A Breath Away (JABA) is a 501(c)3 non-profit organization that has been established to increase awareness for severe traumatic brain injury (STBI) and to raise funds to help survivors in need. Founded by Kathleen Newhouse, a severe traumatic brain injury survivor, and her husband Galen Newhouse, JABA is committed to helping other survivors, as well as their families and loved ones, who have experienced the horrible aftermath of STBI. The foundation relies on the generosity of the Circle of Hope community and the sale of paintings created by the founder with 100% of the proceeds donated to the benefit the STBI community.

The Facts About Brain Injury

- There is 1 brain injury every 12.6 seconds.
- 80,000 survivors sustain injuries that are long-term or permanent.
- Over 5,000,000 Americans are living with disabilities resulting from a brain injury.



Just A Breath Away believes in providing a platform for hope, a voice for survivors and a catalyst for change in the healthcare community.

Meet Kathleen



Just A Breath Away is a foundation created by Kathleen Newhouse. She is a dedicated wife and mother of four, and a former concert violinist, a talented guitar player, and the owner of a martial arts school. Today, she is a miracle survivor of severe traumatic brain injury (STBI).

In 2006 while on a family vacation, Kathleen suffered a devastating ruptured brain abscess, which nearly cost her life. With maybe a 5% chance of survival, and the distinct possibility of landing in a vegetative state, she found herself just a breath away from the other side. As she went through the recovery process, relearning to walk and perform everyday tasks, Kathleen reformed her mindset. This outlook would change the course of her life's mission forever.

Before her STBI, Kathleen could not even draw a stick figure, but from her visions and near death experiences, she began to realize new talent as an artist. Through her art, using oil on canvas, Kathleen now paints every day. She knows that her newfound talent is a gift, offered in exchange for what she has lost.

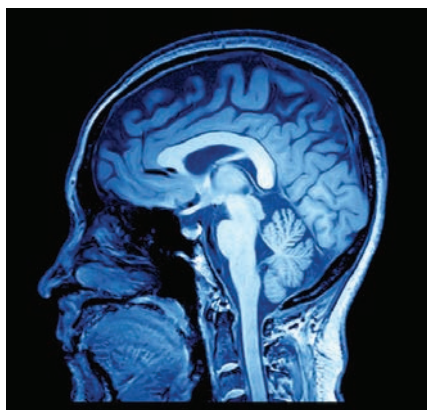
Kathleen can no longer play her beloved violin or guitar, her martial arts are an incapability, and even speech is sometimes difficult, but give her a brush and a canvas, and her brain comes alive with astounding vision. And now through Just A Breath Away, this vision is transformed to support and assistance for other STBI survivors and their loved ones.

It Started as a Headache

It was sudden. Lightning struck inside of her head, and the flash of immense pain shot from one side of her skull to the other. The magnitude was beyond any conceivable reality. She was rushed into emergency surgery in an attempt to reduce the massive amount of pressure that squeezed her brain like a melon in a vice grip. Kathleen's world was crumbling from within, and death was imminent. With maybe a five percent chance of survival, hope was fading quickly, and the outcome was looking grim. Kathleen was a just a breath away from the other side.

Her Diagnosis

That terrible day in August 2006, Kathleen suffered an intraventricular rupture of an abscess in her brain. This caused a catastrophic event leading to ventriculitis and dissemination of organisms



throughout the cerebrospinal fluid pathway. This type of occurrence accounts for the deterioration in Kathleen's condition.

Scared & Alone

Blind and lost in a world of fear and pain, Kathleen awoke from a medically induced coma to find herself longing for a comprehensible voice to pass her desolate existence. Language made no sense, and the reality of her dark, lonely world made her question

her own survival. Was this the world she was destined to live in, one that few enter and even fewer ever leave or was this merely part of the journey as a severe traumatic brain injury survivor?

Kathleen's Visions

During the long and arduous recovery process, Kathleen was met with amazing visions. Several times these visions came to her, always with the same magnificent colors and brilliance. The stars, the sky, the ocean, and life within our world all came flooding in like a never-ending story, so much so, that she felt that they needed to be released due to overload. There was so much input that it needed to be shared; to be released.

Before her severe traumatic brain injury, Kathleen's talents did not include drawing, yet somehow sketches of the visions she witnessed during her near-death experiences began to show up everywhere. They were on tablets and any paper for which she could get her hands. Mostly involving her recollection of Jesus Christ when he told her that it was not her time to go, these heavenly inspired drawings eventually led to paintings. The colors started out as pastel watercolors and later blossomed into magnificent oil-based hues.

Now there are bold and beautiful paintings everywhere, lined up along the walls several canvases deep. Several of these paintings found their way into galleries, and many are now adorning the walls of supporters across the nation.



It Always Starts With a Circle...

Paintings With Promise



Every Painting Starts with an Eternal Circle of Hope

An eternal gift, Kathleen paints visions, her life journey and the universal language of existence for all to see. The oil on canvas paintings are Kathleen's gift to survivors who, like herself, have touched the "edge of life" and are fighting for a bright and fulfilling future.

How to Help

To spread Kathleen's vision and impact to survivors far and wide, JABA invites others to become a part of the Just A Breath Away mission. Whether it's a donation of time, finances, or follows on social media, JABA is eternally grateful for the support.

Ways to Help

- Donate to STBI Victims & Families
- Shop Kathleen's Art
- Share Kathleen's Story
- Join the Circle of Hope Community

justabreathaway.org

Contact Information

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